

Weekly Reward Chart

Track behavior or chores, earn the weekend reward

Task	Mon	Tue	Wed	Thu	Fri	Sat	Sun
Brushed teeth without a fight	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Got dressed when asked	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tidied bedroom	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Used kind words	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Listened the first time	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Helped without being asked	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Tried something new	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Said please / thank you	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Kindness — no hitting / no name-calling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Bedtime without delay	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

100-Square Reward Tracker

Color in a square each time. Reward at 100.

Reward goal: _____

How to earn a square: _____

Tip: each square is one good choice, not one perfect day

Tip: skip a day and just keep going — no resets

Tip: kid colors the square, not the parent

Below this line, draw a 10×10 grid (or use page 5 blank)

Star Chart Goals

Three goals for the week, three stars for each

Goal 1: _____

Day earned: M T W T F S S

Goal 2: _____

Day earned: M T W T F S S

Goal 3: _____

Day earned: M T W T F S S

Reward when all three goals are 5+ stars: _____

Notes: _____

Marble Jar Tracker

Marbles in, marbles out — visualize behavior

- Each good choice = 1 marble in the jar
- Each rule break = 1 marble out
- When the jar is full = family reward
- Jar capacity: _____ marbles
- Family reward: _____
- What counts as a marble in: _____
- What counts as a marble out: _____
- Tip: never empty the jar all the way as a punishment
- Tip: kid puts the marble in, not the parent
- Date jar started: _____

Build Your Own Reward Chart

Blank weekly grid

Task	Mon	Tue	Wed	Thu	Fri	Sat	Sun
	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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